



# APRIL 2019

## Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk  
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select  
1 serving of Fruit or Vegetable, plus 2 other items

### Monday

1  
Popcorn Chicken  
Mini Biscuit  
Sweet Glazed Carrots  
Savory Green Beans  
Frozen Fruit

8  
Corndog Or  
Hearty Mini Meatloaf  
Green Peas  
Creamy Mashed Potatoes  
Sliced Oranges

15  
Beef & Cheese Soft Taco  
Lettuce/Salsa/Tomato  
Mexican Chili Beans  
Fruit Slushie

22  
Asian Chicken  
Stir-Fry Rice  
Veggie Stir-Fry  
Egg Roll  
Fresh Fruit

29  
Hot Wing Bar  
Soft Pretzel  
Broccoli & Cheese  
Tuscan Salad  
Frozen Fruit Slushie

### Tuesday

2  
Bacon Cheeseburger  
Sweet Potato Fries  
Sandwich Fixings  
Baked Beans  
Chilled Fruit

9  
Brunch for Lunch  
Southern Sausage Biscuit w/Gravy  
Scrambled Eggs  
Buttered Grits  
Sliced Tomato/Fruit  
Oven Roasted Potatoes

16  
Crispy Chicken  
Seasoned Potato Wedges  
Sandwich Fixings  
Green Peas  
Chilled Fruit

23  
Hot Turkey & Cheese Sub  
Broccoli & Cheese  
Carrots w/Ranch  
Sandwich Fixings  
Fresh Fruit

30  
Creamy Chicken Alfredo  
Buttery Garlic Bread  
Glazed Carrots  
Garden Salad w/Ranch  
Fruit

### Wednesday

3  
Spaghetti  
Buttery Garlic Bread  
Broccoli & Cheese  
Tuscan Salad w/ Dressing  
Chilled Fruit

10  
Chicken Parmesan  
California Veggies  
Tuscan Salad  
Ranch or Tuscan Dressing  
Chilled Fruit

17  
Meatball Hoagie OR  
Italian Dunkers w/Marinara  
Broccoli & Cheese  
Tuscan Salad  
Ranch or Tuscan Dressing  
Chilled Fruit

24  
Hamburger Steak  
with Gravy  
Cream Mashed Potatoes  
Savory Green Beans  
Fresh Baked Roll  
Fruit

### Thursday

4  
BBQ Pork  
Fresh Baked Roll  
Mashed Potatoes w/Gravy  
English peas  
Fruit

11  
Crispito  
Golden Corn  
Shredded Lettuce/Tomato  
Salsa  
Chilled Fruit

18  
BBQ Nachos  
Shredded Lettuce/Tomato  
Cheesy Refried Beans  
Salsa & Sour Cream  
Fresh Fruit

25  
Hot Dog  
Tater Tots  
Baked Beans  
Chilled Fruit

### Friday

5  
Pizza Bar  
Garden Salad w/Ranch  
Golden Corn  
Chilled Fruit

12  
Sloppy Joe Or Fish Sandwich  
Sandwich Fixings  
Seasoned Potato Wedges  
Baked Beans  
Fresh Fruit  
Fudge Bar

19  
No  
School

26  
Homemade Pizza  
Garden Salad w/Ranch  
Golden Corn  
Fruit  
Rice Krispie Treat

Various Cold and Grab-n-Go Style Entrée Options Also Offered Daily. Options may include: Wow Butter Sandwiches, Ham & Cheese, or Turkey & Cheese Sandwiches w/Chips, Pre-Plated Salads, and Yogurt Parfaits.

Not all options available every day at every cafeteria. Menu Subject to Change.

