



SEPTEMBER 2019

Blount County Schools

Offered Daily: 1% Low-fat Milk
Non-Fat Flavored Milk, Cereal with Toast, Juice
Offer vs Serve Requirement: Student must select 1 serving of Fruit, plus 2 other items

Monday	Tuesday	Wednesday	Thursday	Friday
2 Happy Labor Day!! No School	3 Pancakes w/Syrup or Cereal Yogurt Juice Fruit	4 Chicken & Waffles w/Syrup Or Yogurt Smoothie Or Cereal w/Toast Juice Fruit	5 Warm Croissant Or Cereal Colby Cheese Omelet Crispy Bacon Juice Fruit	6 Southern Style Biscuit Sausage Gravy OR Cereal & Toast w/Jelly Juice Fruit
9 Mini Chicken Honey Biscuits Or Cereal w/ Toast & Jelly Juice Chilled Fruit	10 Mini Pancakes w/Syrup Or Cereal & Toast w/Jelly Yogurt Juice Chilled Fruit	11 Glazed Cinnamon Roll OR Yogurt Smoothie Or Cereal Smokey Sausage Links Juice Chilled Fruit	12 Breakfast Pizza Or Cereal & Toast w/Jelly Chilled Fruit Juice	13 Southern Sausage Biscuit OR Cereal w/ Sausage Juice & Chilled Fruit
16 Teacher Work Day No School	17 French Toast w/ Syrup OR Cereal Yogurt Chilled Fruit Juice	18 Southern Sausage Biscuit OR Yogurt Smoothie Or Cereal w/ Sausage Juice Chilled Fruit	19 Fruit Filled Pastry OR Cream Cheese & Jelly Bagel OR Cereal w/Toast & Jelly Juice & Fresh Fruit	20 Steak Mini Biscuit Toppers Cereal w/Toast Juice Fruit
23 Chicken Biscuit Biscuit Toppers OR Cereal w/Crispy Chicken Juice Chilled Fruit	24 Glazed Cinnamon Roll OR Cereal Smokey Sausage Links Juice Chilled Fruit	25 Scrambled Eggs Ham Cereal Or Yogurt Smoothie Toast w/Jelly Juice Fruit	26 Sausage Breakfast Bagel Or Cereal & Toast w/Jelly Chilled Fruit Juice	27 Southern Style Biscuit Sausage Gravy OR Cereal & Toast w/Jelly Juice Fruit
30 Breakfast Pizza Or Cereal & Toast w/Jelly Chilled Fruit Juice	<div data-bbox="556 1247 1411 1404" data-label="Text"> <p>Visit: www.blountboe.net for a link to complete your child's FREE & REDUCED Lunch Application ONLINE from the privacy of your home. Paper Applications also available at each school.</p> </div>			



Menu Subject to Change;
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