



BREAKFAST

AUGUST 2019

Blount County Schools

Offered Daily: 1% Low-fat Milk
 Non-Fat Flavored Milk, Cereal with Toast, Juice
Offer vs Serve Requirement: Student must select 1 serving of Fruit, plus 2 other items

Monday

Tuesday

Wednesday

Thursday

Friday



5

6

7

1

2

12

Mini Chicken Honey Biscuits
 Or
 Cereal w/ Toast & Jelly
 Juice
 Chilled Fruit

13

Mini Pancakes w/Syrup
 Or
 Cereal & Toast w/Jelly
 Juice
 Chilled Fruit

14

Glazed Cinnamon Roll
 OR
 Cereal
 Smokey Sausage Links
 Juice
 Chilled Fruit

8

Warm Croissant
 Or Cereal
 Colby Cheese Omelet
 Crispy Bacon
 Juice
 Fruit

9

Southern Style Biscuit
 Sausage Gravy
 OR
 Cereal & Toast w/Jelly
 Juice
 Fruit

15

Breakfast Pizza
 Or
 Cereal & Toast w/Jelly
 Chilled Fruit
 Juice

16

Southern Sausage Biscuit
 OR
 Cereal w/ Sausage
 Juice &
 Chilled Fruit

19

Breakfast Pizza
 Or
 Cereal & Toast w/Jelly
 Chilled Fruit
 Juice

20

French Toast w/ Syrup
 OR
 Cereal
 Yogurt
 Chilled Fruit
 Juice

21

Southern Sausage Biscuit
 OR
 Cereal w/ Sausage
 Juice
 Chilled Fruit

22

Fruit Filled Pastry
 OR
 Cream Cheese & Jelly Bagel
 OR
 Cereal w/Toast & Jelly
 Juice & Fresh Fruit

23

Pancakes w/Syrup
 or
 Cereal
 Sausage Patty
 Juice
 Fruit

26

Chicken Biscuit
 Biscuit Toppers
 OR
 Cereal w/Crispy Chicken
 Juice
 Chilled Fruit

27

Glazed Cinnamon Roll
 OR
 Cereal
 Smokey Sausage Links
 Juice
 Chilled Fruit

28

Scrambled Eggs
 Ham
 Cereal
 Toast w/Jelly
 Juice
 Fruit

29

Sausage Breakfast Bagel
 Or
 Cereal & Toast w/Jelly
 Chilled Fruit
 Juice

30

Southern Style Biscuit
 Sausage Gravy
 OR
 Cereal & Toast w/Jelly
 Juice
 Fruit



Visit: www.blountboe.net to complete your child's
FREE & REDUCED Lunch Application ONLINE from the privacy of your
 home. Paper Applications also available at each school. Visit our Blount County
 Schools Website for a link to the application.

